

Saint Sophia School Summer Adventure Camp 2023 Weeks' Descriptions

Week 1 -- In the Garden and Beyond

Garden prep such as weeding, cultivating the soil etc. Planting our vegetables will follow along with learning the life cycles of plants and flowers. Art activities will be introduced all week with plants and flowers being the themes. Also we will be looking for different creatures that live in the garden such as insects, etc.

Week 2 -- Ooey Gooey Baking

This week will be filled with baking. We will be mixing, stirring, measuring and of course tasting!

Week 3 -- Fun and Fitness

This week we will have fun learning about sports, sportsmanship, games and health and nutrition.

Week 4 -- Four Seasons

This week we will learn about Summer, Fall, Winter and Spring and the fun holidays and activities in each season.

Week 5 -- It's a Big World

Each day we will go to a different continent. We will learn about its climate, culture, location, animals and other general information.

Week 6 -- Water Week

This will be a fun week of outside water activities. Sprinklers, blow-up pools and fun water activities will be available all week. We will also do indoor art activities that relate to our water week.

Week 7 -- I Know a Tale

This week we will be exploring stories and tales from various authors. We will create art and even act out some of the stories that we listen to!

Week 8 -- Famous Artists

Each day a new art concept will be introduced. Landscape, abstract, still life, portraits, colors and color mixing.

Week 9 -- Camp Highlights

This week we will revisit our favorite activities from the past weeks of the Summer Adventure Camp. We will recreate and add to the best of the best!